



DELB
Country Club

Winter Season 2019 - 2020

Oct 1st - March 31

Tel 03 42 49 70 | 04 98 54 60/ 80

E-mail info@delbcountryclub.com



Delb Country Club

ACTIVITIES SCHEDULE // WINTER 2019 - 2020

ACTIVITIES	INSTRUCTOR	CONTACT	DAY						FEE\$ U\$ (TTC)
			MON	TUE	WED	THU	FRI	SAT	Member/ N.Member
FITNESS									
Aerobics	Elite Skaff	03 643 914	09:00-10:00		09:00-10:00		09:00-10:00		20 / 40
Aerobics	Elite Skaff	03 643 914	18:00-19:00		18:00-19:00		18:00-19:00		20 / 40
Aerobics	Elite Skaff	03 643 914	20:00-21:00		20:00-21:00		20:00-21:00		20 / 40
Tae-Bo	Zvetlana Gabriel	76 569 846	19:00-20:00		19:00-20:00				15 / 30
Pilates	Denise Harb	03 634 509		10:00-11:00		10:00-11:00			25 / 35
DANCE									
Break-Dance	Ralph Kabanlan	03 127 940					15:00-16:30		25 / 35
Ballet	Lea Sebaaly	03 342 123					17:00-18:00		20 / 25
Zumba	Jacky Khairallah	70 441 646					17:00-18:00		20 / 25
COMBAT									
Taekwondo	Nohra Ghossein	71 642 574	04:30-05:15				04:30-05:15		25 / 35
Taekwondo	Nohra Ghossein	71 642 574	05:15-06:15				05:15-06:15		25 / 35
Taekwondo	Nohra Ghossein	71 642 574	06:15-07:15				06:15-07:15		25 / 35
Gymnastics	Eid Abi Karam	03 106 540			18:00-19:00				20 / 35
Jujitsu	Bechara El Rai	03 877 336		18:00-20:00		18:00-20:00			35 / 50
BASKET / FOOTBALL									
Basket Ball (Junior)	Amer Rawadi	03 644 080					15:00-16:15		20 / 30
Football (Junior)	Amer Rawadi	03 644 080					16:15-17:30		20 / 30
Football (Adults)	Amer Rawadi	03 644 080					17:30-19:00		20 / 30
Body Building									
Personal Training	Kevin Rai	76 879 024	08:00-12:00		08:00-12:00		08:00-12:00		25 / 35
				16:30-21:00		16:30-21:00			
			16:30-21:00		16:30-21:00		16:30-21:00		
Tennis									
Tennis	Eid Abi Karam	03 106 540			Check with Instructor				20 / 30
Court Rent	DCC	03 424 970			Available upon request				\$25/ hr
									\$40/ 1.30hr

FULL SEASON U\$ DOLLARS TTC

# of persons	SH&Leasing Families	Leasing Groups & Corporates
1	330	330
2	480	600
3	550	870
4	580	1100
5	600	1355

MONTHLY FEES U\$ DOLLARS TTC

# of persons	Gym only
1	55

DAILY FEES

Per Person	10 U\$
Group > 10	12,000 LL
Non Refundable Booklet	80 U\$

Prices include VAT

Children < 5 years are half price upon ID presentation (Obligatory)



For more information, please call: Miss. Jocelyne Baaklini (Assistant Manager) 03 424 970 // 03 110 564